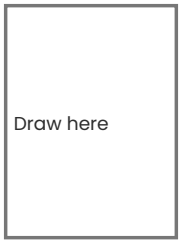
FAMILY AI APPS · CUSTOM FAMILY SHEET

While dinner cooks

Three low-prep choices · Pick one, not all three · Ages 3–6

1

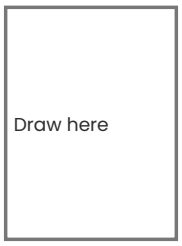


Draw a pretend dinner

Paper + crayon. Draw or tell a grown-up one food for your plate.

☐

2

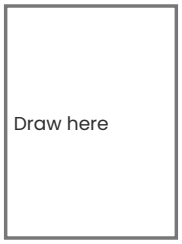


Invent a napkin creature

One clean paper napkin. Fold or scrunch it; give it a name.

☐

3



Spot three things from your seat

Point to something round, something soft and something you like.

☐

Grown-up handoff

Set up away from hot pans and food prep. Stay nearby; no scissors, glue or small loose pieces.

If dinner is late, repeat or change the activity. Offer food, water and comfort when needed.

Say: Dinner is ready. We can save this here. First put the crayon down, then eat together.

Original family activity sheet. Text and drawing spaces, not product artwork or a new routine.

familyaiapps.com/guides/thanksgiving-routine-for-kids