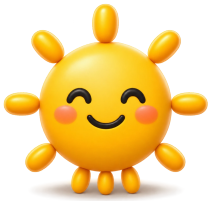
FAMILY AI APPS

Morning Routine

Print at actual size. An adult cuts out the cards. Put them in order.

Point at each picture, do the step together, then tick or move to done.

1



Wake up

☐ Done

2



Use toilet

☐ Done

3



Brush teeth

☐ Done

4



Get dressed

☐ Done

5



Make bed

☐ Done

6



Eat breakfast

☐ Done

Morning Routine (continued)

Print at actual size. An adult cuts out the cards. Put them in order.

Point at each picture, do the step together, then tick or move to done.

7



Pack bag

☐ Done

8



Put on shoes

☐ Done

Bedtime Routine

Print at actual size. An adult cuts out the cards. Put them in order.

Point at each picture, do the step together, then tick or move to done.

1



Take a bath

☐ Done

2



Put on pajamas

☐ Done

3



Brush teeth

☐ Done

4



Lay out clothes for tomorrow

☐ Done

5



Pack bag for tomorrow

☐ Done

6



Story time

☐ Done

Bedtime Routine (continued)

Print at actual size. An adult cuts out the cards. Put them in order.

Point at each picture, do the step together, then tick or move to done.

7



Lights out

☐ Done

Make your own routine

Type labels below in a PDF reader, or write them after printing.

Add your own drawing or photo. Blank labels are fillable text fields.

Your own step

☐ My step:

Your own step

☐ My step:

Your own step

☐ My step:

Your own step

☐ My step:

Your own step

☐ My step:

Your own step

☐ My step: