FAMILY AI APPS · HOLIDAY EXAMPLE

Our holiday travel day

Three stages; bedtime is a separate small routine · Ages 3–6

1



Get ready

Clothes, bag, shoes

☐

2

Travel together

Wait, journey, then arrive

☐

3



Put our bag down

Find our bed and bathroom

☐

Delay / arrival bedtime reset

Delay: keep travel current. Say: We are still waiting; first a book, then boarding when it starts.

Late arrival: toilet, pajamas, teeth, short story, goodnight. Drop extra unpacking and visits.

Example to build in Routina, not built-in. Official art where it fits; other steps use text.

familyaiapps.com/guides/holiday-travel-routine-for-kids